Yuanyuan Zhou

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SUMMARY

Proficient in multi-modal physiological signals analysis, state space modelling, closed-loop control, and machine learning, and 3D models design and manufacturing with hands-on experience.

EDUCATION

University of Maryland, College Park, MD, United States

Ph. D student in Mechanical Engineering

Tonnessee State University Nashville TN United

Tennessee State University, Nashville, TN, United States

M.S. in Mechanical & Manufacturing Engineering

Zhejiang University, Zhejiang Province, China

B.S. in Energy and Environment System Engineering

SKILLS / MAIN COURSES

Programming Skills: C#, MATLAB, Python

Computer Tools: AutoCAD, SolidWorks, Simulink, Office Suite

Main Courses: Machine Design, Thermodynamics, Fluid Mechanics, Advanced System Control, Dynamic Systems, Engineering Optimization, Applied Machine Learning, Fundamentals of AI and deep learning

WORKING EXPERIENCE AND RESEARCH

Graduate Research Assistant, University of Maryland, MD

Jan 2022-Present

Jan 2022-Expected Aug 2026

GPA: 3.8/4.0

GPA: 4.0/4.0

GPA: 3.88/4.0

Aug 2016-May 2019

Sep 2012-Jun 2016

- Developed a data-driven state-space model with Georgia Tech team, for the first time, to capture cardiovascular responses to acute mental stress and transcutaneous median nerve stimulation mitigation.
- Collaborated with Georgia Tech team to study and compare stress mitigation effects using various transcutaneous peripheral neuromodulation.
- Developed a novel inference-based algorithm for continuous mental stress states tracking, utilizing wearable-enabled multi-modal physiological signals and advanced machine learning techniques to ascertain stress probability with a high level of confidence which outperformed state-of-the-art.
- Evaluated the performance of commercial ECG and PPG wearables in monitoring heart rate and variability in collaboration with Johns Hopkins APL. Additionally, developed analytic formulas to determine the required sampling rate for accurate heart rate and variability calculation for the first time.
- Collaborated with teams from Georgia Tech and the University of Maryland, Baltimore County, to conduct hemodynamic data analysis during hemorrhage and resuscitation procedures and develop deep learning algorithm to estimate invasive cardiac output via non-invasive measures.
- Conducted data analysis on obstructive sleep apnea using the large-scale Multi-Ethnic Study of Atherosclerosis dataset in collaboration with University of Washington.

Assistant Manager, Wonder Porcelain Group LLC, TN

Jan 2020-Jan 2022

- Drove and implemented plantwide lean manufacturing and continuous improvement program.
- Set up Spare Parts Inventory Management System and managed vendors to maintain great relationship.
- Oversaw and coordinated \$1M 'Crusher and Conveyor System Installation Project' efficiently.

Mechanical Engineer, Wonder Porcelain Group LLC, TN

Oct 2018- Jan 2020

- Supervised Sorting & Quality Control Department and established a comprehensive workforce-equipment-production system to increase production efficiency by 30% and overall quality by 2%.
- Coordinated \$10M Company Expansion Project's equipment installation, modification, and test.

• Assisted contract engineers in designing and modifying CAD drawings using AutoCAD.

Graduate Research Assistant, Tennessee State University, TN

Aug 2016-May 2019

- Created 3D CAD models by SolidWorks and rendered them in the virtual environment.
- Conducted multi-modal sensors (lidar, radar) modeling and imagery data generation in the virtual environment and developed machine learning based image processing algorithm.
- Engaged in advanced transportation system research, including numerical analysis on operational control of high-speed capsular vehicles.

TEACHING EXPERIENCE

Invited Lecturer, *University of Maryland*, MD

Spring 2025

• Delivered a guest lecture on block diagrams and block diagram reduction for the senior undergraduate course ENME462: Vibrations, Controls and Optimization II.

Teaching Assistant, University of Maryland, MD

Spring 2023

- Led weekly studio sessions and held weekly office hours for ENME462: Vibrations, Controls, and Optimization II.
- Assisted with exam design, proctored exams, and graded homework assignments.

SELECTED PUBLICATIONS

- Rezae, P.*, Shahrbabak, S.M.*, **Zhou, Y.***, Vandenberge, J.*, et al. "Wearable-Enabled Non-Invasive Hemodynamic Monitoring During Hemorrhage and Blood Transfusion in a Porcine Model: Opportunities and Challenges." *Physiological Measurement. Under Review*.
- **Zhou, Y.**, et al. "A Virtual Experiment Generator to Replicate Cardiovascular Responses to Acute Mental Stress and Transcutaneous Median Nerve Stimulation." *Journal of Dynamic Systems, Measurement, and Control*, vol. 148, no. 1, 2026, p. 011010.
- **Zhou, Y.**, et al. "Non-Pharmacological Mitigation of Acute Mental Stress-Induced Sympathetic Arousal: Comparison Between Median Nerve Stimulation and Auricular Vagus Nerve Stimulation." *Sensors*, vol. 25, no. 5, 2025, p. 1371.
- **Zhou, Y.**, et al. "A Synthetic Multi-Modal Variable to Capture Cardiovascular Responses to Acute Mental Stress and Transcutaneous Median Nerve Stimulation." *IEEE transactions on bio-medical engineering* vol. 72,1, 2024: 346-357.
- **Zhou, Y.**, et al. "Inference-Enabled Tracking of Acute Mental Stress via Multi-Modal Wearable Physiological Sensing: A Proof-of-Concept Study." *Biocybernetics and Biomedical Engineering*, vol. 44, no. 4, 2024, pp. 771–781.
- **Zhou, Y.**, et al. "Sampling Rate Requirement for Accurate Calculation of Heart Rate and Its Variability Based on the Electrocardiogram." *Physiological Measurement*, vol. 45, no. 2, 2024.

SELECTED CONFERENCE PRESENTATIONS

- "A Virtual Experiment Generator to Replicate Cardiovascular Responses to Acute Mental Stress and Transcutaneous Median Nerve Stimulation", *Modeling, Estimation and Control Conference (Pittsburgh, USA)*, Oct 2025 (Oral).
- "A State Space Model to Capture Cardiovascular Responses to Acute Mental Stress and Transcutaneous Median Nerve Stimulation", *IEEE-EMBS International Conference on Body Sensor Networks (Chicago, USA)*, Oct 2024 (Poster).
- "A Synthetic Multi-Modal Variable to Capture Cardiovascular Responses to Acute Mental Stress and Transcutaneous Median Nerve Stimulation", *IEEE Engineering in Medicine and Biology Society* (Orlando, USA), Jul 2024 (Poster).

• "Mental Stress Tracking via Multi-Modal Wearable Physiological Sensing and Collective Inference", *IEEE-EMBS International Conference on Biomedical and Health Informatics (Pittsburgh, USA)*, Oct 2023 (Oral).

AWARDS & HONORS

| • | Student Grant Award, MECC 2025, Pittsburgh, USA | Aug 2025 |
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| • | Outstanding Graduate Research Award AY2024-25, University of Maryland | Feb 2025 |
| • | Student Travel Award, IEEE-EMBS BSN conference, Chicago, USA | Oct 2024 |
| • | 3rd Place of 40th TSU Annual Research Symposium Oral Presentation, Tennessee State University, | |
| | Nashville, USA | Apr 2018 |
| • | "Excellent Bachelor Dissertation Award", Zhejiang University, Hangzhou, China | Jun 2016 |
| • | "Outstanding Merits", Zhejiang University, Hangzhou, China | Oct 2014 |
| • | "Provincial Merit Student", Hebei Province, China | May 2012 |
| VOLUNTEER | | |
| • | Registration volunteer, ASME MECC 2025, Pittsburgh, USA | Oct 2025 |
| • | Judge, GOAL Engineering Challenge (STEM Summer Bridge Program), University of Maryland & | |
| | Prince George's County Public Schools, College Park, Maryland, USA | Jul 2025 |
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Apr 2025

Event guide, MedTech Summit, University of Maryland, College Park, Maryland, USA